

Eco-Community Dialogues Newsletter

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The Conservation Pledge

I pledge to protect and preserve the natural resources of the planet Earth, and promise to promote education so we may become caretakers of our air, water, land, forest, and wildlife.

Father's Day

The greatest wealth is health. Fathers want to feel great for summer. Dads are more likely to be proactive about their health and fitness if families encourage men to take time for prevention. Have you considered it is summer spa time, and a *Father's Day Gift Certificate* to a *Day Spa and Salon* such as the *Blue Giraffe* in Ashland, OREGON, might be appreciated. *Real men take saunas.*

The man in your life may want to learn how to rescue his own health. You could gift your Father with the 2011 DVD film, *The Engine 2 Kitchen Rescue, Learn to Live Plant-Strong!* Former TEXAS firefighter *Rip Esselstyn* gives life-saving tips. The film is 52 minutes and is in English. Spanish Subtitles are available. To obtain the movie go to www.Engine2Diet.com or www.ForksOverKnives.com. *Real men eat plants.*

The fact is that people around the world are cutting back on dairy and meat and there are a growing number of vegans and vegetarians in the *Rogue Valley*. This Father's Day the man in your life might like veg-friendly options. You could take Dad out to a *Raw Juice Bar* or get him a raw juice *Gift Card* instead of a *Starbucks* to help him move away from an animal-based diet and into a plant-based diet. If you are taking Dad out to a restaurant, be plant strong by asking, "*does it offer vegan options?*" Doesn't it feel good to realize more world-centric possibilities that a new part of you desires for a more vibrant life with increasingly phenomenal health benefits. It's time to popularize wellness.

Local restaurant scores are posted at www.jacksoncounty.org and inspection files are open to the public at the division of environmental public health. *Jackson County Health and Human Services* is located at 1005 East Main Street, in *Medford*, OREGON.

(Sources: June 2014, TASTE FOR LIFE, "*Dads Rule!*" by Lynn Tryba; THE BLUE GIRAFFE Day Spa and Salon, "*Summer Spa Time*" Father's Day Gift Certificates; June 5, 2014, THE SNEAK PREVIEW, "*An Open Letter to Ashland Area Restaurants*" by John Yunker ; www.Engine2Diet.com; www.VirgilFilmsEnt.com; www.ForksOverKnives.com; www.truthpublishing.com; www.juicefeasting.com; www.naturalnews.com)

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Walden and Wyden

The PENTAGON made it clear that *Climate Change* is the biggest threat to the national security of the UNITED STATES OF AMERICA (USA). Rising sea waters threaten AMERICA's Naval bases. **U.S. Representative Greg Walden** voted against PENTAGON FUNDS being used to safeguard AMERICA from the polar shift.

One doesn't have to write to Walden's office at 14 North Central Avenue, Suite 112, Medford, OREGON, 97501. One could call 541.776.4646 or email his website at www.walden.house.gov/Contact/Greg.Home.shtml.

Meanwhile the O&C ACT OF 2013, by **U.S. Senator Ron Wyden**, imperils the future of WESTERN OREGON's public forests that are importantly slowing *Climate Change*. His bill is problematic because it ramps up logging across SOUTHERN OREGON's public lands that belong to all Americans but are managed by the BUREAU OF LAND MANAGEMENT (BLM). Wyden may handcuff county revenue to logging. But clean water, beautiful scenery, and a growing recreational economy on the American People's lands managed by the BLM need protection. *The public is excluded from the normal public commenting process.*

The *Klamath Siskiyou Wild News* urges U.S. citizenry to speak up! Write to Senator Wyden's office at the Federal Courthouse, 310 West Sixth Street, Room 118, Medford, OREGON, 97501. Call 541.858.5122, and email wyden.senate.gov/contact.

Seize the day by calling KSKQ 895 between 7 a.m. and 9 a.m. to make your public eco-comments heard in Ashland, Jacksonville, Medford, Phoenix, Rogue River, and Talent.

You Shall Know The Truth and the Truth Shall Set You Free

It is obvious that the American People actually pay more for medical care than any other country in the world. And yet, AMERICANS are *not* doing so well. The citizens of other nations are healthier where GMOs are banned. That fact is discomfoting. **When told "It costs too much" to label GMO food in the grocery stores, ask "Compared to what?"**

Put it into perspective that the USA spends more on military, than any other country in the world. Yet in 2008 this nation spent only \$450 billion on military, and a whopping \$2.8 trillion went to **medical expenses** and to **pharmaceuticals**. Trillions are spent on **sickness care** or **disease maintenance**. **Sickness makes more money than health does.**

Fast forward in time from the *Paper Clip* project's chemicalization of America to 1996, when GMOs were engineered by the giant chemical companies. How curious that the "Health Care" Industry mushroomed into the trillions of soaring costs by 2008. Hand over your heart because the panacea of chemotherapy may as well be AMERICA's national Anthem. Keep your eyes on the flag, not the skies. Oh say can you see if the Chemtrails are there, and are pesticides bursting in air in the dawn's early light, while aerial drones we have gladly so hailed.

The NEW Self-Empowerment

Times change and now when patients receive a medical diagnosis, they search the Internet to ask what people in *other* places are doing about it. The Internet is full of nutritional information and tips about Nature's medicinal plants. Patients take that information back to their Doctor or Naturopath.

Young doctors are likely to realize the *Pharmaceutical Paradigm* only takes care of one little thing and each chemical *Drug* has a page or more of treatment *side effects*. Young people graduating through Medical School are learning there is more to food than what they were told. As the old medical guard goes out, a new, young guard comes in.

What is emerging is a new crop of young doctors who want to treat their patients based on *Nature's* medicine.

At the same time that the old guard's conventional approach is phasing out, registered voters are fed up with the clichéd old spin that "*It costs too much*" to have GMO foods labeled.

The Right to Know What's In Your Food

Big Money is trying to influence CONGRESS in a bid to *outlaw state laws* to label *Genetically Modified Organisms* (GMOs) because both CONNECTICUT and VERMONT passed state GMO labeling laws. The states exercised their legitimate right and other states are queuing up to do the same.

If www.OregonRighttoKnow.org qualifies enough signatures by July then LABEL GMO's will be a state-wide ballot measure in OREGON, this November. You could use facebook, twitter, and YOU tube to let your fellow OREGONIANS know about the "*I signed*" petition drive. In order to sign you must be registered to vote in OREGON. It cannot be signed on-line. The form can be downloaded, signed, and mailed through the Postal service, but the last day to mail it is Monday, June 23, because it has to be received and processed before July. *So hurry.*

If you want to join in helping to acquire the 100,000 signatures needed before July, 2014. In SOUTHERN OREGON, the *Medford* area's volunteer coordinator is *Mariska* at 541.659.3653. In NORTHERN OREGON, the *Portland* area's volunteer coordinator is *Susan* at 206.954.2756. Susan can refer you to the nearest coordinator in other regions of the state.

The Big Picture

The shocking truth is that a *Corporate Caucus* has positioned themselves to influence the separate and equal powers in the *United States of America* (USA), and that makes HUMAN RIGHTS regarding *Organic Farming Protection* and *Labeling GMO food* in the grocery stores the wildcard election issue.

Phooey on alleged scientific reports that make false claims that GMO food is no riskier than non-GMO food. There is none proof. Orange juice from concentrate is safe, yet the FDA requires it to be labeled. If GMOs were safe then they would long ago have proudly boasted, "*Produced by Genetic Engineering*" on the front or back of food packaging in big, bold lettering. Instead they spend millions to *hush hush*.

It is false logic that it costs more for consumers to have GMO food labeled. Package designers already change packaging frequently, anyway. And travelers to other countries have learned the packaging already exists, so it won't cost more to label GMOs. That lobbyist trick is fallacious. Voters are more wary now of the Oligarchical double-talk because 66 other nations of the world afford GMO labeling, and so could the richest country in the world!

In addition to that, it is about 10 documentaries films later. The documentary film *Seeds of Death* produced in 2012 exposed the DUPONT-MONSANTO purchase of the CALIFORNIA *Epicyte* firm to commercialize the EPICYTE GENE that sterilizes male sperm. Whoever controls the food *controls* the people. Putting such *Gene Engineering* (GE) into food *can* depopulate entire targeted nations without their informed consent. because of AMERICA's *Trade Deals*, GMO/GE labeling is a primal safety issue of global concern.

Population Control is a HUMAN RIGHTS issue that dwarfs the economic smokescreen of party politics. It seems the universal *Monopoly* players dislike the idea of state and county rights and the phasing out of universal *Scarcity model*.

Try to resist the idea that sooner or later, if the GMO labeling problem isn't solved by the American People's CONGRESS, global citizens may take the scoundrels to the WORLD COURT by filing a GMO genocide case with the *International Court of Law*.

"*We have the right know what's in the food we eat*" is symptomatic of a much bigger BIG PICTURE. *Henry Kissinger* is who asserted that whoever *controls* the food controls the people. Those ominous words should give you the shudders. The real question is, "*What has it cost U.S. citizens to NOT know*". The cost of being kept in the dark is what's too expensive. What about the word "*Trillions*" do you not understand. Monetary "*Trillions*" may be the *tip of the iceberg*.

Southern Oregon Alert

Here's some advice from *Sergeant Fagan's High-Tech Crimes Task Force*. Replacing your existing home wireless router with one that has parental controls and find out whether the *Kik Messenger* app has been installed, as its risk to children is too great. *Kik Messenger* is fraught with adults who use it to gain access to kids for sexual exploitation. A retail associate at a home electrics store can help you uninstall *Kik Messenger* from any "*smart devices*" such as *cell phones*, *iPods*, *Kindles*, *Nooks*, and other *tablet* style devices with high speed *Internet* connection that is used by children, tweens, or teens.

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Currently popular social networking apps used by kids include *Facebook*, *Twitter*, *Snapchat*, *Instagram*, and *Vine*. Popular texting and voice call apps include *TextPlus*, *Pinger*, and *TextFree*. These apps allow kids to communicate with their local friends, but your kids may also be communicating with adult strangers who pose as kids with the intent to sexually exploit them. Predation means parents and guardians must restrict high risk sites, limit smart device usage times, and openly talk with the next generation about smart device utilization. Ask your children to help you understand what apps they are using and how they work. Do an Internet search for the name of the app plus the words “parent guide”.

(Source: June/July 2014 SOUTHERN OREGON FAMILY, “*Southern Oregon High-Tech Crimes Task Force, Smart Phone Safety-Recommendations for Parents*” by Sergeant Colin Fagan; www.outhernoregonfamily.com)

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